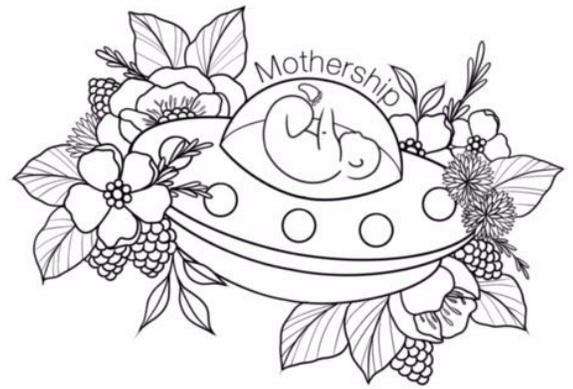


Angie Hotz

*Childbirth Educator, Birth Doula,
Placenta Encapsulation Specialist
1410 Gregory Way
Bremerton, WA 98337
515-661-4738
angiebeehotz@gmail.com*



Birth Doula Services Agreement

As a birth doula, I provide emotional and physical support to a woman during her labor and delivery. I can also facilitate communication with the staff to ensure that you have the information you need to make informed decisions regarding your baby's birth. I can provide reassurance and perspective to you and your partner, make suggestions for labor progress, and help with relaxation, massage, positioning and other techniques for your comfort. I am independent and self-employed, and as such, am working for YOU, not your caregiver or place of birth.

Outlined below are all of my services, a listing of what I cannot provide to your family, and an agreement to absolve liability. If you are interested in adding on other services, such as placenta encapsulation and childbirth education classes please inquire at the initial consultation or first prenatal meeting. I currently offer discounts for multiple services when booked as a package.

Services to be Provided by Angela Hotz

Services that the doula may provide if desired by the client, if appropriate, and if time permits include:

- 1 free initial birth consultation.
- 1 to 2 prenatal meeting(s) as needed or as time will allow where we will discuss hospital protocol and birth wishes. Also to create a birth plan if help is needed.
- On-call phone, text, and email support after the 37th week of pregnancy begins.
- Remaining on call 24 hours a day for labor or birth from 37 weeks until baby is born.
- continuous support during labor and birth
- Assistance in making informed decisions through the labor and delivery process by facilitating communication with your clinical care providers.
- Physical, emotional and informational support during your birthing process.
- Attendance after birth for 1-2 hours to establish bonding, breastfeeding and give recovery tips.
- Daytime and limited night time phone and email support for 6 weeks following the birth of the baby.
- One final follow up meeting between 1 to 6 weeks after the birth of your baby. I like to come the day after you get home and are settled however the timing is completely up to you.

Services Angie Hotz does not provide for birth doula packages:

- Any type of medical care, diagnosis of illness, prescription of any sort of substance, cervix checks, fetal monitoring, administration of medical, any type of medical care for your baby .
- Any guarantee of an unmediated or vaginal childbirth. Doulas provide planning and education for families to make informed choices while understanding that there is risk involved in any facet of the birth process.

By signing this contract, you agree to the following (initial):

_____ I agree to pay in full amount from the sliding scale of \$900-\$1300 the amount will be \$_____

_____ I understand that the \$300.00 deposit paid at the signing of the contract is non-refundable under any circumstance.

_____ I agree to pay the remaining balance in full by 38 weeks gestation (Unless other arrangements are made) in order for Angie Hotz to be on call for my labor and childbirth.

_____ I understand that Angie is not working for the hospital or midwife, but is hired by me to meet my needs.

_____ I understand that Angie is not here to make decisions or to enforce our decisions, but to help me to know my options and encourage me to enforce my own decisions.

_____ I understand that Angie Hotz will provide emotional and physical support to both my labor partner (spouse, mother, etc.) and to me.

_____ I understand that if it appears that labor is going forward too quickly to make it to the Labor and Delivery ward, I am giving Angie Hotz permission to call 911 and request ambulance assistance to my home. If I am birthing at home, I give Angie permission to call my attending midwife immediately.

_____ I understand that it is my responsibility to call Angie when I believe that I am in labor in order for her to attend my birth. She will provide triage over the phone so we can decide when it is best for her to arrive at my home or the hospital. I understand that Angie has up to 2 hours to arrive at my home or the hospital from the time she is called in due to circumstances beyond her control such as unfavorable weather. If I do not call Angie and request that she come to the birth place, a refund will not be given for if she does not attend the birth due to my not calling her.

_____ I understand that if Angie cannot attend my birth, due to circumstances outside of her control, her backup doula will attend in her place and I will not be entitled to a refund unless the backup doula is unable to come to the birth, either. If this occurs, I will be entitled to up to 50% of my total paid fee. (this does not include when I choose not to call)

Limitations within this Agreement

In the event of a scheduled or unscheduled cesarean section, it is the intent of Angie Hotz to provide preoperative support, attend the birth in the operating room as doula support, and provide immediate postpartum support in the first hours after the birth. The ability to attend the birth in the operating room at any hospital is determined by the anesthesiologist and/or hospital policy. It is possible that Angie may be denied access to the operating room or to the postanesthesia care unit (PACU), as your birthing facility's policies permit. It is also possible that Angie may be asked, at any time, to leave these areas by clinical staff. Angie will rejoin you for continued postpartum support as soon as she is permitted by hospital policy/staff.

Your Obligations as a Client

In order to ensure that you have a good working relationship with your doula, you agree to the following commitments:

- You agree to share a copy of any labor coping/birth plan with your doctor/midwife, preferably at a prenatal visit, to ensure that (s)he is aware of your birthing preferences and your decision to hire a doula for your birth.
- You agree to share a copy of any labor coping/birth plan with Angie Hotz to ensure that your doula is aware of your birthing preferences.
- You agree to keep Angie apprised of any changes in our situation, such as health changes or change of residence, prior to labor and delivery.
- You agree to make the choice as to when you would like Angie to come and support you at the birth. She is not responsible for deciding for you as to when you need the support.
- If you are dissatisfied with the outcome of your birth (interventions, surgical birth, treatment by birth facility personnel, etc.), you will not hold Angie Hotz responsible.
- You agree to be verbally and physically respectful to Angie Hotz.

Specific individual arrangements, agreements, or other - not already covered in this contract:

I have read this letter of agreement describing the doula’s services and agree that it reflects the discussions that I have had with her. All questions have been answered to my satisfaction. I agree to the terms of services and payment of fees outlined in the payment agreement.

Printed Name (Client): _____

Signed (Client): _____ Date: _____

Signed (Partner, if applicable): _____ Date: _____

Signed (Doula): _____ Date _____

Expected Due Date (EDD): _____ Expected Birthing Facility: _____